



## Companion planting for vegetable gardens

This refers to the use of certain complimentary plants in your garden to control weeds and pests. These beneficial plants can repel or confuse pests, attract pest predators or even have a beneficial growth effect.

For example:

- Lavender repels moths
- Honeysuckle attracts small birds which prey on pests
- Maize and peas are complimentary as the maize supports the peas, while they fix nitrogen
- Certain plants like cabbage, raddish and mustard repel weeds if left to go to seed.
- Wild garlic attracts snails keeping them away from more sensitive areas

The table below gives a comprehensive idea of what to plant together.

PLANT/HERB	LIKES	SPECIFIC ACTION	DISLIKES
Apple tree	Chives around base	Note that tansy planted at the base of fruit trees helps to control fruit fly	
Apricot tree	Nasturtium round base		
Asparagus	Tomato and parsley		
Beans	Beetroot , carrots cauliflower, celery strawberry. Does well with mielies. Lavender.	Nitrogenous  The beans grow up them.	Garlic and onions, fennel
Beetroot	Beans, onions, lettuce cabbage.		
Borage	Strawberries.	Attracts bees Nice to have in the garden.	

Cabbage	Beans, Beet, Lettuce and Onions	They do well grown together.	
Carrots	Lettuce chives and radish Rosemary sage and wormwood confuse the carrot fly.		Dill
Cauliflower	Celery	Cabbage moth does not like celery but may like cauliflower more.	
Chamomile	Onions		
Celery	Leeks tomatoes and beans	Keeps away cabbage moth	
Chives	Lettuce and Beetroot	Keeps aphids away.	
Comfrey	Benefits all plants in the garden. A must in the organic garden.	Provides trace elements, mulch and shade.	
Coriander	Potatoes	Attracts bees in bloom.	
Cucumbers	Will grow amongst Sunflowers--not many plants do.		Fennel
Dandelion	Lucerne	Promotes early maturation of neighbours	
Elder		Good near compost	
Fennel			Cucumber, tomato and beans
Garlic	roses		Peas and beans-- slows growth
Grapes	Hyssop and mulberry trees		
Horse radish	Potatoes like it around		
Hyssop		.Attracts cabbage butterfly	
Kale	Nasturtium	Controls aphids	

Khakibos-Tagetes minuata		Insect repellent fresh and dried. Deters ants -Dried and sprinkled near their space	
Lavender	Peas and Beans.	Repels moths	
Leeks	Celery	Repels carrot fly	
Lemon balm	Beneficial effect through its scent	Its smell confuses pests. Rub in hives -bees love it	
Lettuce	Radish.		
Marigold	Potatoes	Deters nematodes. Insect repellent	
Marjoram	Spring Onions	Generally beneficial to plants. Scent confuses pests.	
Mielies(Sweetcorn)	Pumpkins, squash and melons Grow runner beans up them.	Soil enhancing.	
Mint	Tomatoes Spinach	Controls aphids. Plant away from veg beds--it spreads and takes over.	
Nasturtium	broccoli, Kale	Controls aphids	
Nettle	Generally strengthens plants in the garden. A good thing in the organic garden.	Makes great humus.	
Oak	citrus	Mulch repels slugs and snails.	
Onions	chamomile	Protects carrot from carrot-fl	
Parsley	Tomatoes	Attract bees Good round roses for aphids.	
Peas	Radish, carrots, cucumber, beans, mielies, turnips. Lavender.	Nitrogenous.	Onions, chives, shallots.
Pennyroyal	Gooseberries,	Repels mosquito and	

	Leeks, Strawberries	ants	
Peppermint	Gooseberries, Leeks, Strawberries	Enhances flavour and controls aphids	
Plantain		Green manure	
Potato	Marigold., Coriander Horse radish-plant around--it is invasive.		
Pyrethrum		Natural pesticide	
Radish	Peas, nasturtiums Marjoram	Keeps away beetle from cucumber and beans.	hyssop
Roses	Garlic, parsley Creeping Rosemary	The herbs repel the insects.	
Rue	This is not a herb to plant in the patch rather around and a bit away	Repels flies. Make a mix with tansy and wormwood+ soap powder and spray	basil
Sage	Strengthens plants	The oil deters carrot fly and cabbage moth. It is a plant tonic.	
Spring Onion	Marjoram		
Strawberry	Borage, pine mulch and pyrethrum Peppermint.		
Sunflower	Cucumbers Don't over plant with vegetables since it inhibits some growth.	Attract birds	potatoes
Tansy	Good to plant on the outskirts of the veggie patch because it spreads and can become invasive.	Insect repellent. Plant around tree for fruit fly Repels ants and moths [dry and sprinkle around ant holes]	

Thyme	Grows well with most vegetables	Strengthens plants Repels aphids and moths	
Tomato	Basil, Tansy	repels insects	Dill Fennel
Turnip	Cucumber, Lettuce, Peas, Radish.	Makes for an harmonious growth pattern	
Wilde als {Artemesia afra}		Keep out of veg garden--tend to inhibit growth of plants	
Wilde dagga		Attracts lots of small birds but should be kept out of the veg garden because it spreads and uses lots of space.	
Wormwood		Keep out of veg garden--tend to inhibit growth of plants	
Yarrow--chose the white flower--it has the best effect.	A must in all gardens	Strengthens plants in the garden. Wonderful addition to compost.	