

**General sowing guide (according to SANSOR)**

	Region								Sowing depth (cm)	Spacing (cm)	
	Highveld	Middleveld	Lowveld	Northern Cape and Great Karoo	KwaZulu-Natal Midlands	Eastern Cape and Little Karoo	Western Cape and South Coast	KwaZulu-Natal and Coast		In rows	Between rows
Artichoke (globe)	Jan	Jan	Jan–Feb	Jan	Jan	Jan	Jan	Jan–Feb	2	100	100
Asparagus	Oct–Dec	Oct–Dec	Aug–Sept	Oct–Dec	Oct–Dec	Oct–Dec	Oct–Dec	Aug–Sept	1	30–45	180
Bean (broad)	Apr–May	Apr–May	Apr–May	April	Apr–May	Apr–May	Apr–Jun	Apr–May	5	20–30	90
Bean (dwarf)	Aug–Jan	Aug–Feb	Feb–Sept	Aug–Jan	Aug–Jan	Oct–Jan	Oct–Feb	Feb–Sept	4	5	45
Bean (runner)	Aug–Dec	Aug–Jan	Feb–Aug	Aug–Dec	Aug–Dec	Oct–Dec	Sept–Jan	Feb–Aug	4	10	90–120
Beetroot	Aug–Oct	Aug–Apr	Feb–Jul	Aug–Oct	Aug–Apr	Jul–Feb	Jul–Nov	Feb–Jul	2	7	20–40
Jan–Mar				Feb–Mar			Feb–Apr				
Brinjal or egg-fruit	Aug–Oct	Aug–Nov	Jan–Sept	Aug–Oct	Aug–Oct	Aug–Oct	Aug–Oct	Jan–Sept	1	50	75–100
Broccoli	Dec–Feb	Jan–Feb		Dec–Feb	Dec–Feb	Dec–Jan	Dec–Jan	2 cm	45	60	
Brussels sprouts	Jan–Feb	Jan–Feb		Jan–Feb	Jan–Feb	Jan–Feb	Jan–Feb		1	50	90
Cabbage (Chinese)	Feb–Mar	Feb–Mar		Feb–Mar	Feb–Mar	Feb–Mar	Feb–Mar		1	45–60	90
Cabbage	Nov–Feb	Feb–Apr	Feb–Jun	Nov–Feb	Aug–Feb	Aug–Apr	Nov–Apr	Feb–Jun	2	35–50	70–100
Capsicum (sweet pepper and chilies)	Jul–Aug	Aug–Sept	Jan–Apr	Aug–Oct	Sept–Oct	Aug–Oct	Aug–Oct	Jan–Apr	1	40–60	90–100
Aug–Oct		Aug–Oct	Jul–Oct					Jul–Oct			
Carrot	Aug–Oct	Aug–Oct	Feb–Aug	Aug–Oct	Aug–Apr	Jul–Apr	Aug–Nov	Feb–Aug	1	5	30–50
Cauliflower (early)	Jan–Mar	Jan–Mar		Jan–Mar			Jan–Apr		1	45	70–100
Cauliflower (main crop)	Nov–Dec	Nov–Dec	Feb–Mar	Nov–Dec	Dec–Feb	Dec–Jan	Nov–Dec	Feb–Mar	1	45	70–100
Dec–Feb		Feb		Nov–Feb	Dec–Mar	Dec–Mar	Dec–Jan		1		
Cauliflower (late)	Mar	Feb–Mar	Feb–Mar	Sept–Oct	Feb–Mar	Mar–Apr	Feb–Apr	Feb–Mar	1	45	100
Celery	Sept–Dec	Aug–Sept			Aug–Sept	Feb–Mar	Feb–Oct		1	30	60–90
Cucumber (open culture)	Sept–Dec	Aug–Jan	Feb–Sept	Sept–Dec	Sept–Dec	Jul–Feb	Sept–Nov	Feb–Sept	2	50–70	120–150
Kohlrabi	Jan–Mar	Feb–Apr	Mar–May	Jan–Mar	Feb–May	Jan–Mar	Jan–Mar	Mar–May	1	30	45
Leeks	Jan–Mar	Feb–Mar	Mar–Apr	Jan–Feb	Feb–Mar	Feb–Apr	Mar–May	Mar–Apr	1	10	50
Lettuce	Jan–Mar	Jan–Sept	Mar–May	Jan–Mar	Jan–Mar	Jan–Apr	Aug–May	Mar–May	1	10	40–60
Aug–Sept				Aug–Sept	Aug–Sept	Jul–Oct					
Mealies (green and sweetcorn)	Sept–Nov	Aug–Dec	Jul–Nov	Aug–Nov	Sept–Nov	Sept–Dec	Aug–Dec	Jul–Nov	5	90	20–30
Melons (sweet)	Sept–Nov	Aug–Dec	Jun–Aug	Sept–Oct	Sept–Oct	Sept–Oct	Sept–Dec	Jun–Aug	2	20–30	150–200
Melon (water)	Sept–Nov	Aug–Sept	Jul–Aug	Sept–Oct	Sept–Oct	Sept–Oct	Sept–Oct	Jul–Aug	5	45–60	150–200
Onion	Feb–Mar	Feb–Mar	Feb–Mar	Mar–Jul	Feb–Mar	Mar–May	Apr–May	Feb–Mar	1	7	10–30
Onion (pickling)	Aug–Sept	Aug–Sept	Aug–Sept	Aug–Sept	Aug–Sept	Aug–Sept	Aug–Sept	Aug–Sept	1	2	7
Parsley	Sept–Oct	Sept–Oct	Mar–May	Feb–Mar	Aug–Sept	Aug–Dec	Mar–Nov	Mar–May	1	10–12	30
Feb–Apr		Mar–Apr	Aug–Sept	Sept–Oct	Dec–Jan			Aug–Sept			
Parsnip	Aug–Oct	Jul–Oct	Mar–Apr	Jan–Mar	Jul–Sept	Aug–Oct	Mar–Apr	Mar–Apr	1	15	50
Pea	Jan–Mar	Feb–Apr	Mar–Jun	Jul–Aug	Jan–Apr	Feb–Apr	Aug–Oct	Mar–Jun	3–7	5–7	30–60
Jul–Sept		Apr–Jun			Jun–Jul	May–Jul	Apr–Aug				
Pumpkin and hubbard squash	Sept–Nov	Aug–Dec	Feb–Aug	Sept–Dec	Sept–Dec	Sept–Nov	Sept–Nov	Feb–Aug	2	50–100	200–300
Radish	Aug–Nov	Jul–Oct	Feb–Sept	Aug–Oct	Aug–Oct	Aug–May	Mar–Oct	Feb–Sept	2	5	30–50
Rhubarb	Feb–Apr	Feb–Mar	Mar–Apr	Feb–Mar	Jan–Apr	Aug–Sept	Aug–Sept	Mar–Apr	2	90	120
Aug–Sept		Aug–Sept		Aug–Sept	Aug–Sept						
Spinach	Aug–Apr	Aug–Apr	Feb–Jun	Aug–Apr	Aug–Apr	Aug–Sept	Mar–May	Feb–Jun	2	20	50–60
Squash (bush types)	Sept–Nov	Aug–Jan	Feb–Aug	Aug–Nov	Sept–Nov	Sept–Dec	Aug–Jan	Feb–Aug	2	50–70	120–150
Squash (trailing types)	Sept–Nov	Aug–Jan	Feb–Aug	Aug–Nov	Sept–Nov	Sept–Dec	Aug–Jan	Feb–Aug	2	20–40	100–130
Swiss chard	Aug–Oct	Jul–Oct	Feb–Aug	Jan–Mar	Aug–Oct	Aug–Oct	Mar–Apr	Feb–Aug	2	20–30	60–90
Tomato (open culture)	Jan–Mar	Jan–Apr	Jan–Jul	Jul–Oct	Jan–Mar	Jan–Mar	Aug–Sept	Jan–Jul	1	40–50	120–180
Turnip	Aug–Nov	Jul–Dec	Feb–Jun	Aug–Nov	Aug–Nov	Aug–Oct	Jul–Sept	Feb–Jun	1	8	50
Jan–Apr		Jul–Sept		Aug–Sept	Jan–Apr	Jan–Apr	Mar–Nov		1		
Jan–Apr		Jan–Apr		Jan–Apr	Aug–Sept	Feb–Mar					